



# Supraglottic Airway Devices

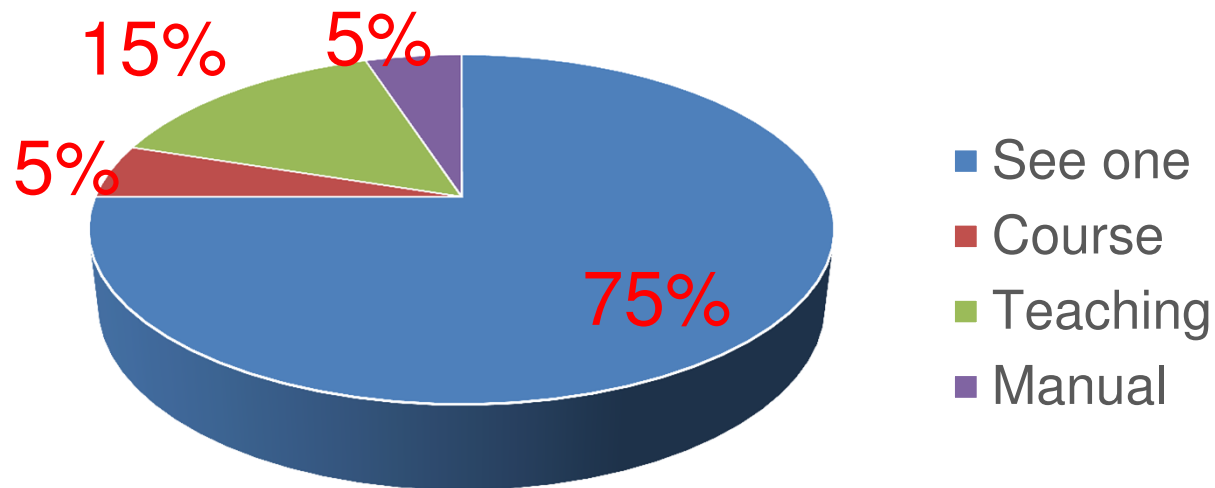
Professor Cyprian Mendonca

**University Hospitals Coventry & Warwickshire NHS Trust**

# Supra-glottic Airway Devices



## Supra-glottic Airway Devices How do trainees learn the skill?



*Knowledge and skills of supra-glottic airway devices insertion techniques amongst anaesthetic trainees. WAM meeting , 2015; Dublin*

# Supraglottic airway devices

- **How do they work?**
- What is an ideal SAD
- Problems associated with SAD use
- Clinical uses of SAD
- A Practical approach of using SAD



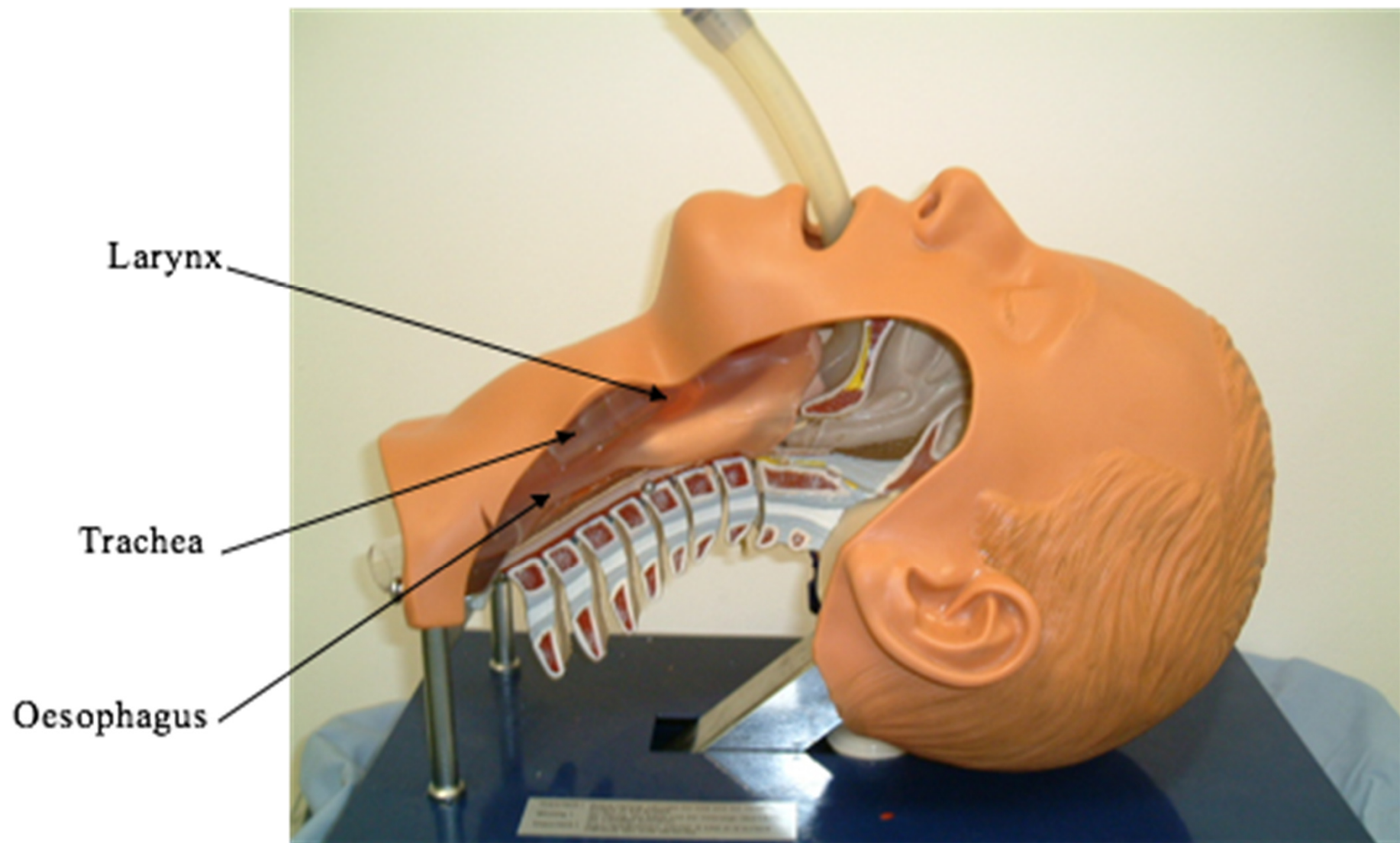
1981 → 1988



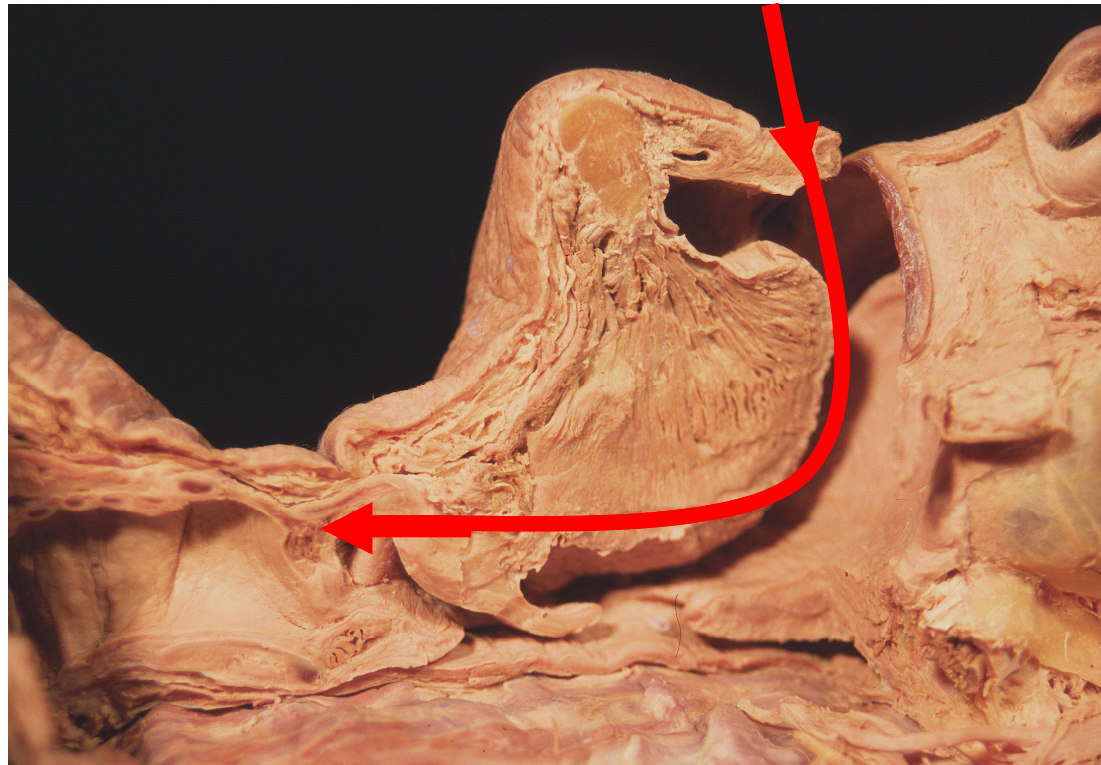
# Supraglottic Airway Devices







# Positive pressure ventilation



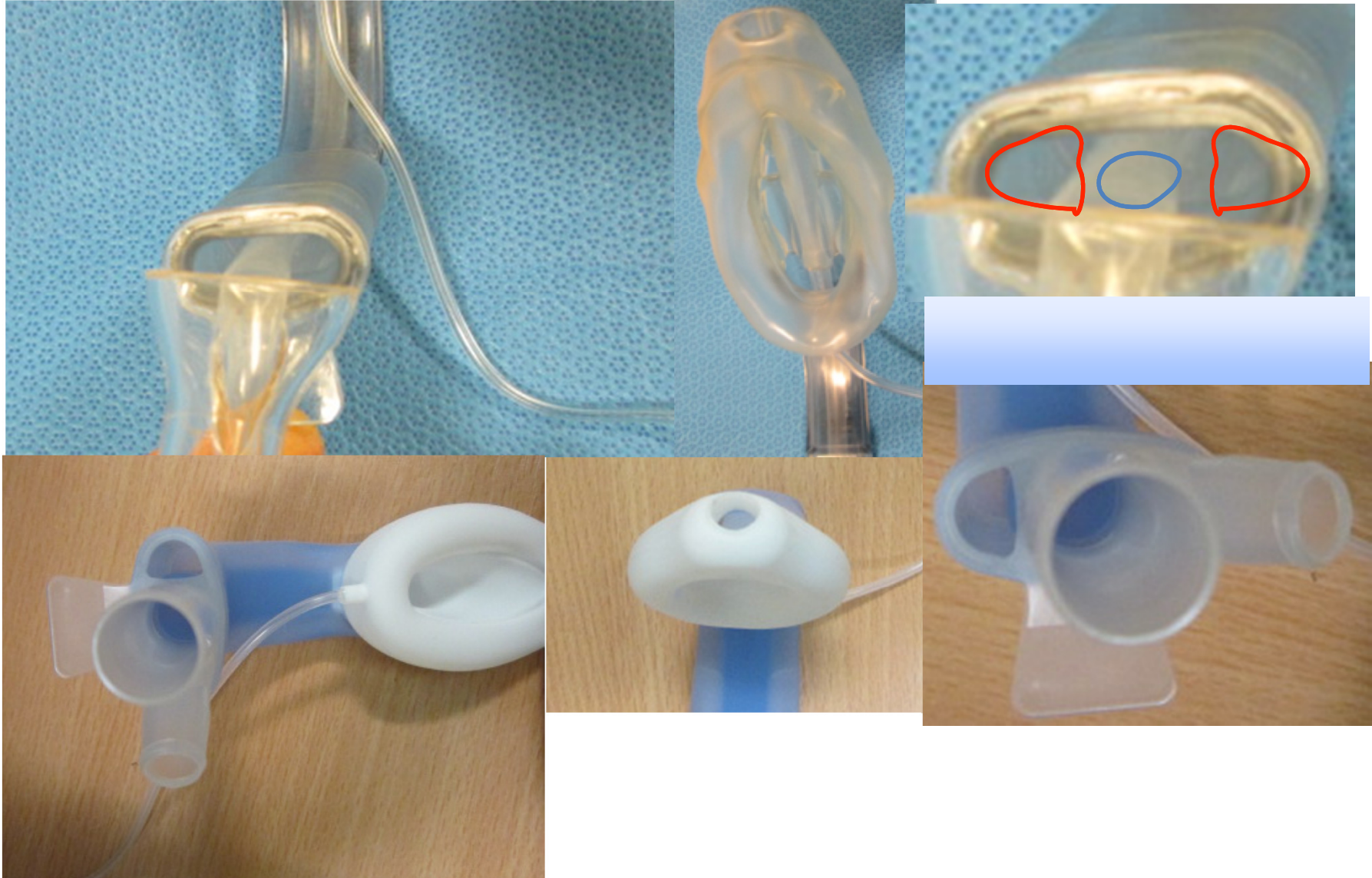
# Second generation SAD

- Improved pharyngeal seal
- Improved oesophageal seal
- Gastric drain tube
- Integrated bite block





# LMA supreme vs LMA Protector



Ambu® AuraGain™



## LMA Protector™ vs LMA Supreme™

- One stage Intubation possible
- Two drainage tubes
- 16, 18 Fr size naso-gastric tube (through size 3, 4 and 5)



# LMA Supreme vs LMA Proseal

	Proseal	Supreme
Leak Pressure: Cm H <sub>2</sub> O	25 (6)	21 (5)
First attempt success rate	88	98

Seet E, et al. Safety and efficacy of laryngeal mask airway Supreme versus laryngeal mask airway ProSeal: a randomized controlled trial. *Eur J Anaesthesiol* 2010 **27**:602–7

Coventry Airway  
Course

# Predictors of failed LMA unique™

- Failure in 1.1%
- 3 fold increase in failed mask ventilation
- 60% of failed LMA- hypoxia, hypercapnia, airway obstruction
- 42% inadequate ventilation

Ramachandran SK. Predictors and Clinical Outcomes from Failed Laryngeal Mask Airway Unique™. *Anesthesiology* 2012; **116**: 1217–26

# Predictors of failed LMA unique™

## ➤ Risk Factors

- Surgical table rotation
- Male sex
- Poor dentition
- Increased BMI

Ramachandran SK. Predictors and Clinical Outcomes from Failed Laryngeal Mask Airway Unique™. *Anesthesiology* 2012; **116**: 1217–26

# A proposal for a new scoring system to predict difficult ventilation through a supraglottic airway

T. Saito<sup>1,\*</sup>, S. T. H. Chew<sup>2</sup>, W. L. Liu<sup>3</sup>, K. K. Thinn<sup>4</sup>, T. Asai<sup>1</sup> and L. K. Ti<sup>3,4</sup>

*British Journal of Anaesthesia*, 117 (S1): i83–i86 (2016)

14480 patients- difficult ventilation in 74 patients (0.5%)

## Risk factors (score)

Male (1)

Age > 45 (1)

Short thyromental distance (3)

Limited neck movement(2)

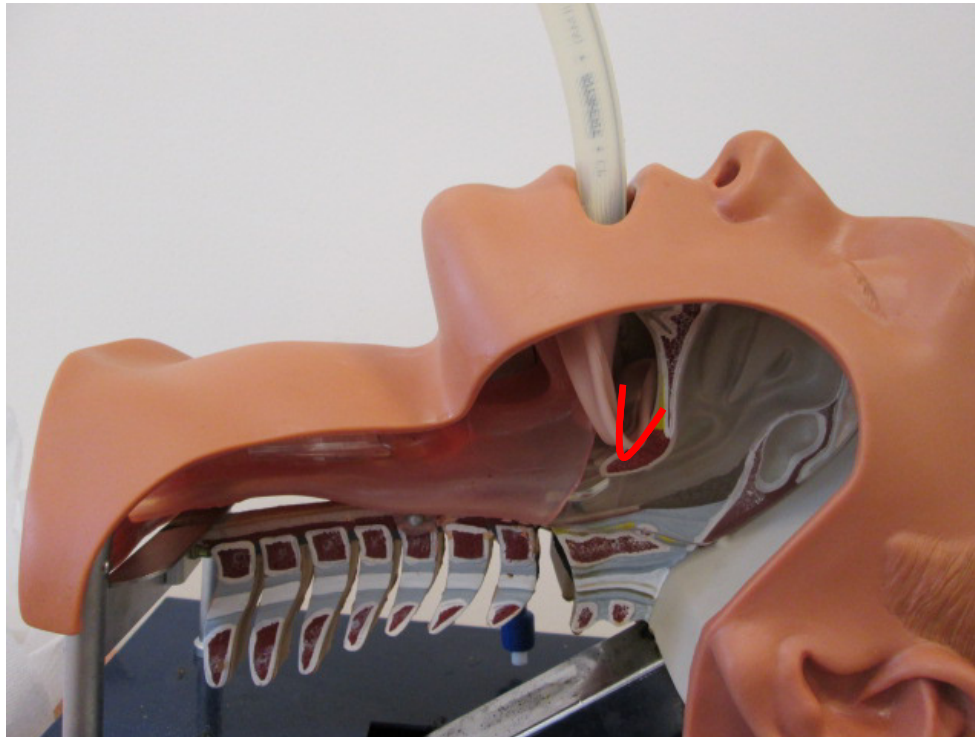
*Score >4 predicts difficult ventilation*

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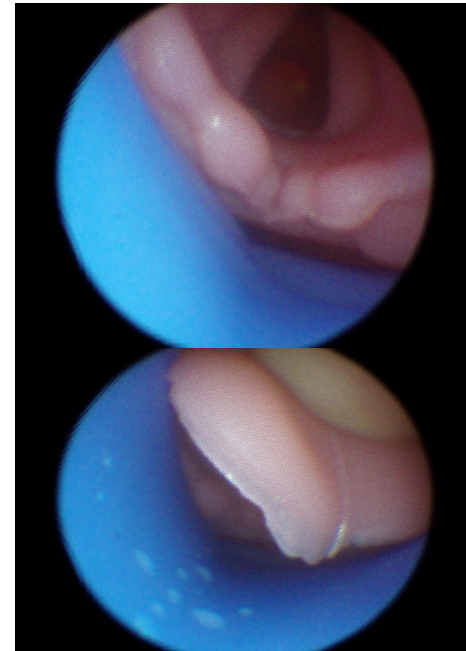
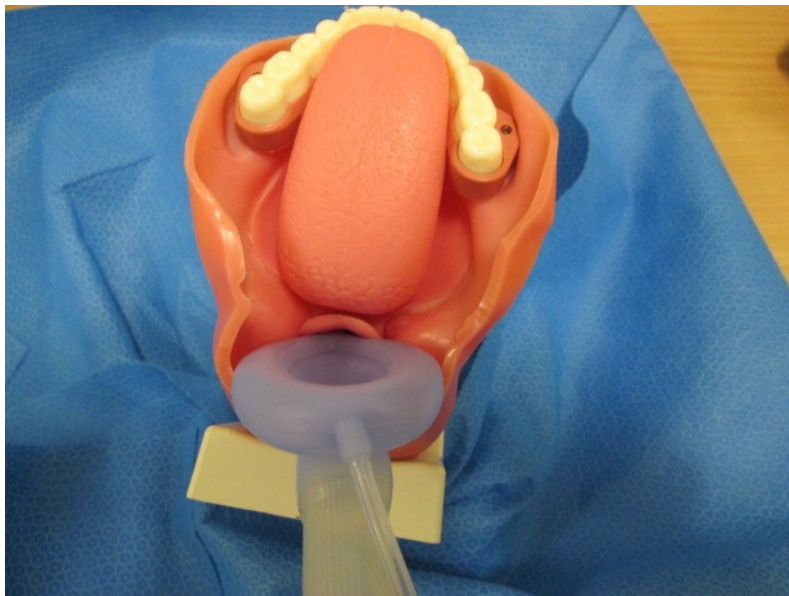
# Problems with LMA insertion

- Mask tip folded backwards



# Problems with LMA insertion

- Down folding of Epiglottis
- Mask tip entering the glottis
- Epiglottis entering the orifice of SAD



NAP4 and SAD events :Total 34 events  
1 ICU and 33 Anaesthesia related events

- **Aspiration:** 17 cases
- Airway Trauma
- Failed insertion
- Displacement after insertion
- Loss of airway during maintenance
- Extubation/ emergence

2 deaths and one temporary hypoxic brain damage



# Common Themes

- Poor Patient Selection
- Use for inappropriate surgery
- Inexperience

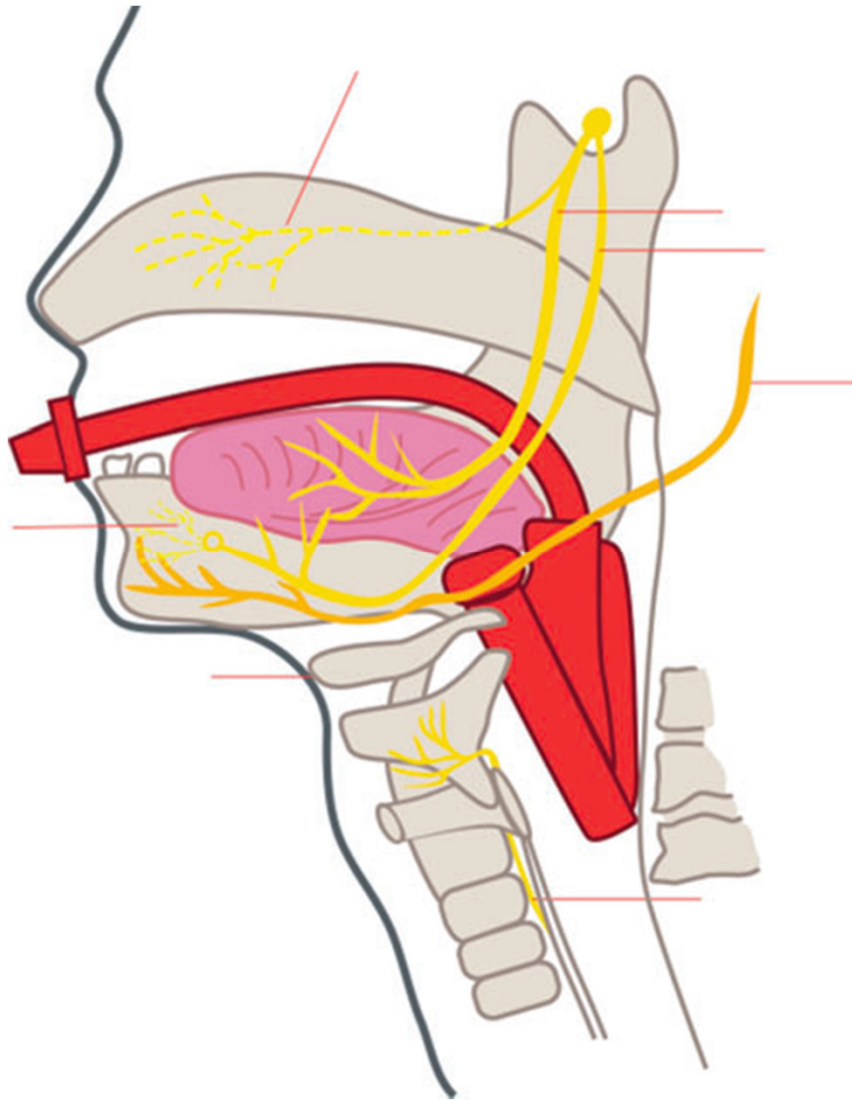
# Concerns with SAD

- Risk of Aspiration
- Air leak during PPV and hypoventilation/  
gastric ventilation
- Intra-operative displacement
- Side effects

Sore throat, dysphagia, dysphonia.

Nerve injury

# Nerve injury



**Lingual Nerve (22)**

**Recurrent Laryngeal (17)**

**Hypoglossal (11)**

**Glossopharyngeal (3)**

**Inferior Alveolar (2)**

**Infra-orbital (1)**

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# Clinical use of SAD

- Airway during resuscitation
- Airway during Anaesthesia
- Airway following failed intubation
- Conduit for tracheal intubation
- Difficult mask ventilation
- In obese patients



**Cochrane**  
**Library**

Cochrane Database of Systematic Reviews

## Supraglottic airway devices versus tracheal intubation for airway management during general anaesthesia in obese patients (Review)

Nicholson A, Cook TM, Smith AF, Lewis SR, Reed SS

2 RCTs , P LMA vs ETT

70 patients BMI 43-45 for laparoscopy

134 patients , BMI 30 to 32 for peripheral surgery

4.2% required change to ETT

Recovery profile was better in PLMA group

# Plan B of Unanticipated failed intubation

## Insertion of second generation SAD and oxygenation

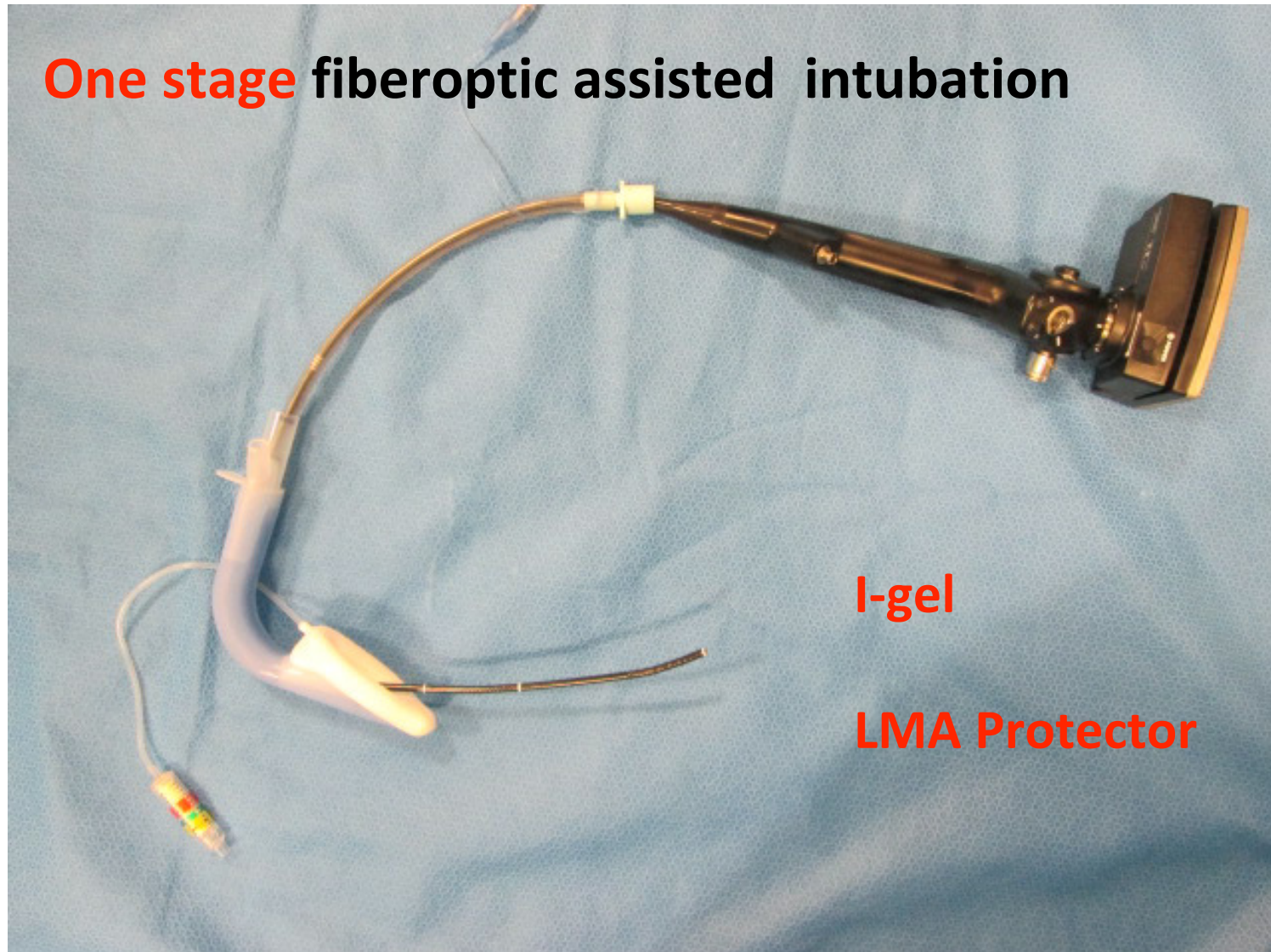
Wake the patient up

**Intubate via SAD**

Continue surgery with SAD

Tracheotomy or cricothyroidotomy

# Fiberoptic assisted intubation via SADs





Insert second generation SAD  
Ensure oxygenation





Load the size 6 to 6.5 ETT over the fibroscope

Visualise the glottis

Advance the FOS into the trachea

Railroad the ETT over FOS

Confirm the correct placement



# Fiberoptic assisted intubation via SADs



$T = A + B$

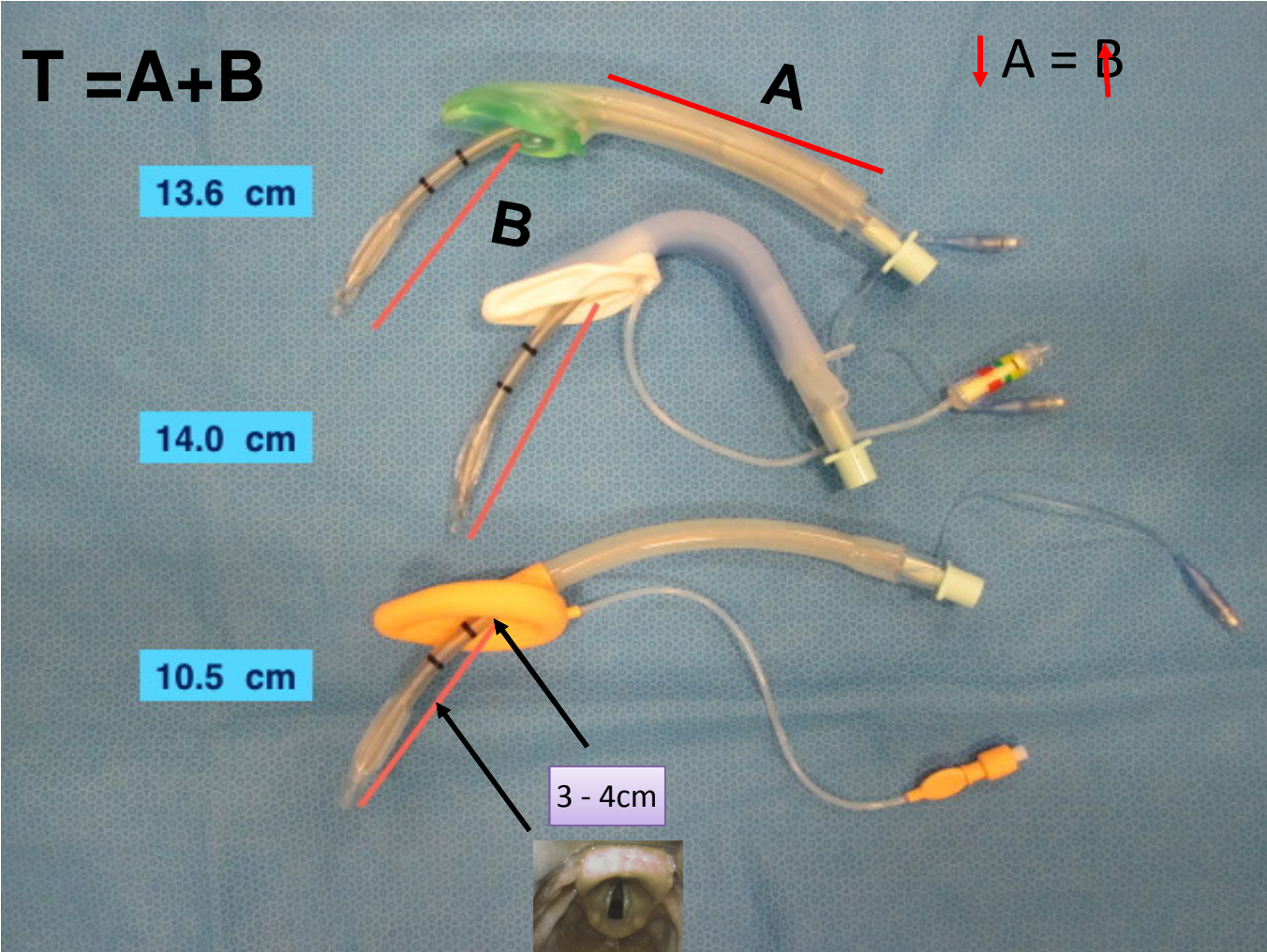
$A = B$

13.6 cm

14.0 cm

10.5 cm

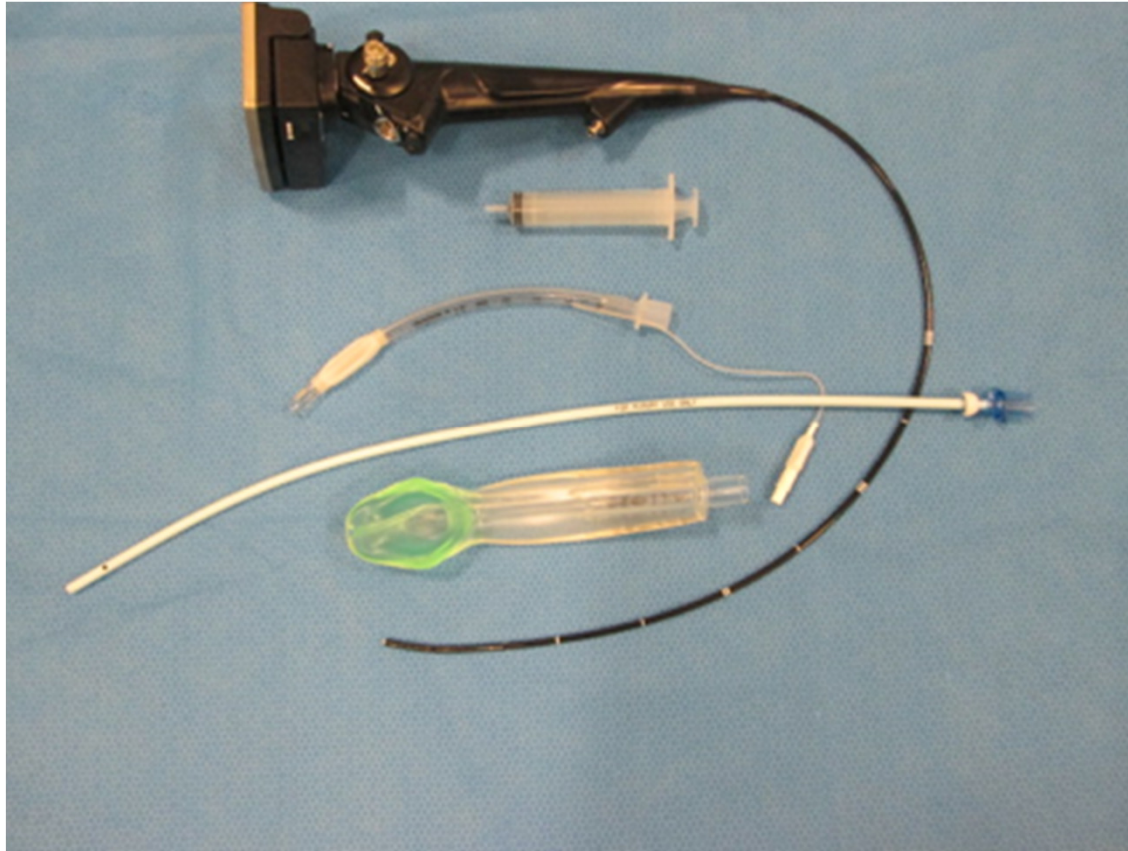
3 - 4cm





# Fiberoptic assisted intubation via SADs

**Two stage** fiberoptic assisted intubation



**I-gel**  
**LMA Protector**  
**Proseal LMA**

## Insert the SAD and oxygenate the patient



**Load the AIC over the FOS and advance the FOS into the trachea**





## AIC placed in the trachea





## Remove the SAD

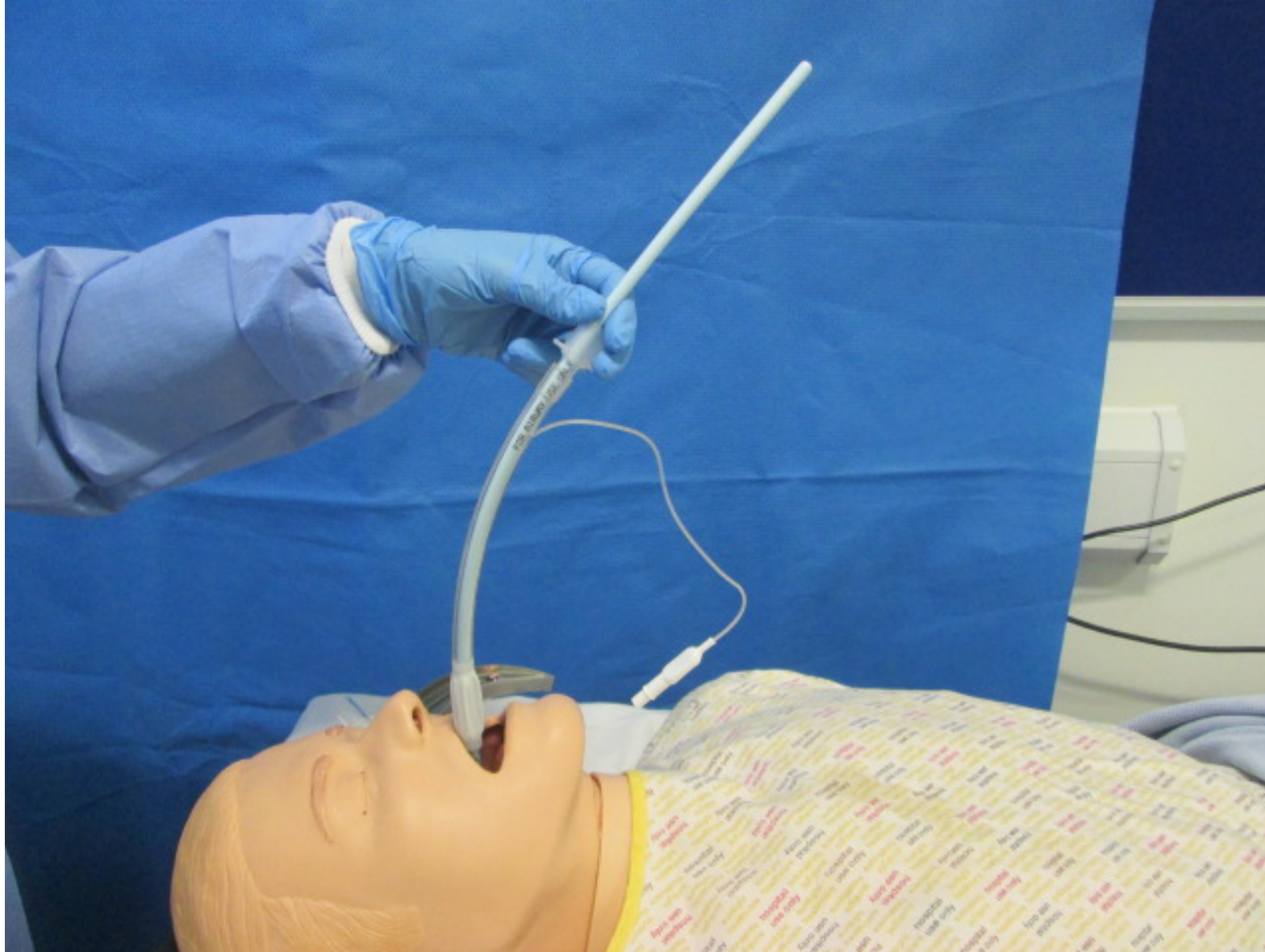


## AIC in the Trachea





## Railroad the tube over AIC





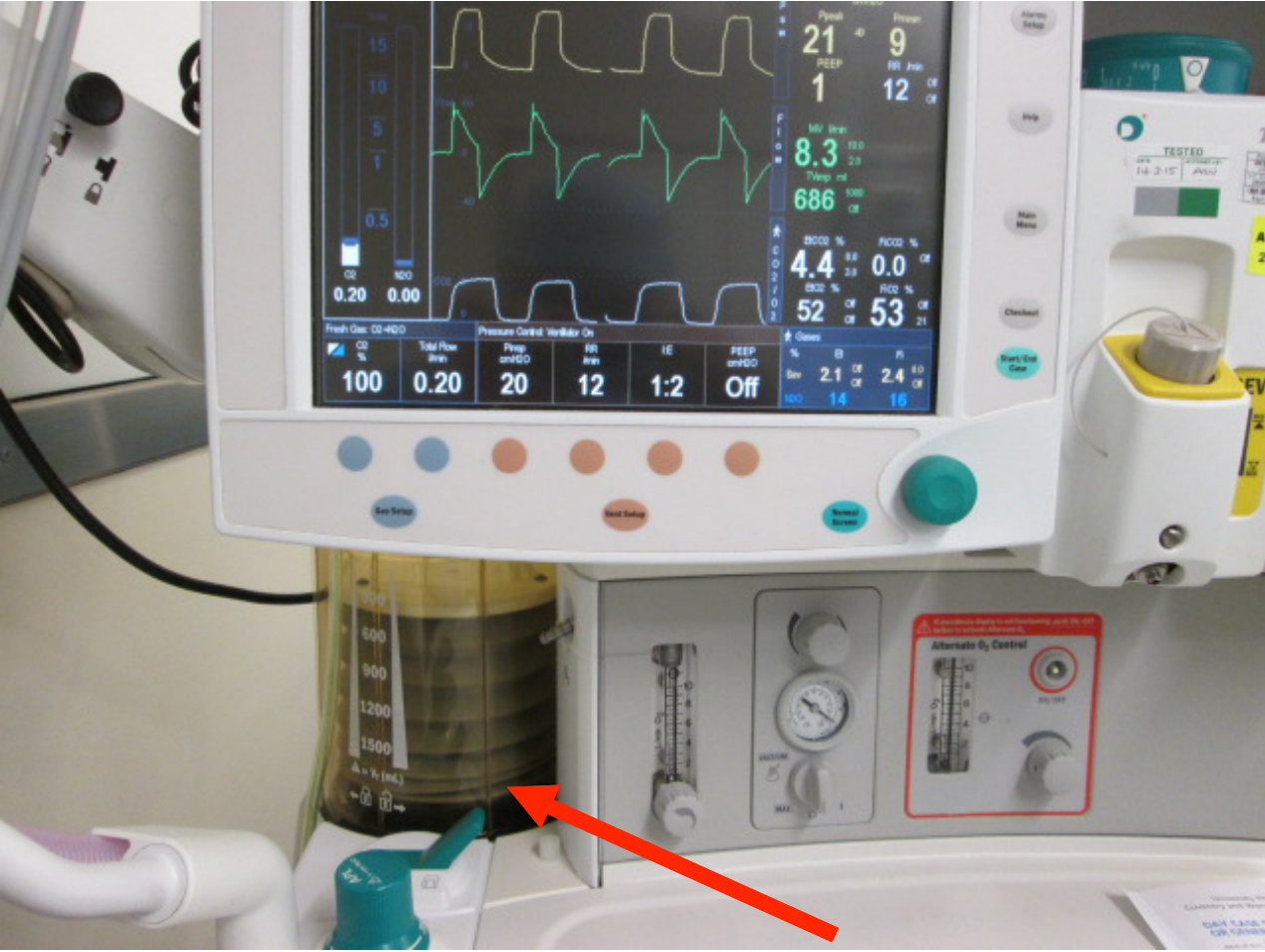
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# Clinical Scenario- 2

- A 83 year old female patient scheduled for hemi-arthroplasty. She has history ischaemic heart disease and AF. Her BMI is 26. Airway examination: normal. No aspiration risk. Normal coagulation tests.

1. Spinal anaesthesia
2. General anaesthesia with SAD
3. General anaesthesia with ETT

# A clinical Scenario -2

- Spinal anaesthesia fails
- GA with SAD planned
- SAD inserted- good ventilation
- Transferred to theatre and positioned-good ventilation
- Hypotension, anaesthesia depth reduced
- Starts spontaneous breathing but slightly obstructed pattern
- Jaw thrust-adequate ventilation- SpO<sub>2</sub> 96%

Only about 20 minutes left to complete surgery.

***What you do next?***

# Scenario progression 1

- Continued jaw thrust
- Spontaneous ventilation continued
- Uneventful- Emergence & Recovery

# Scenario Progression 2

- Jaw thrust continued
- Patients hyperventilates, isoflurane 0.7 Mac  
Fentanyl 50 mcg administered
- Hypoventilation—Apnoea
- IPPV –suboptimal but high FGF used to  
compensate leak
- SpO<sub>2</sub> maintained at 95 %
- Uneventful- Emergence & Recovery

# Scenario progression 3

- Hypertension, tachycardia, isoflurane level increased
- Coughing
- Laryngospasm
- Airway obstruction
- Regurgitation
- Aspiration



# Scenario 3

A 42 year old male patient, ASA 1, BMI 28

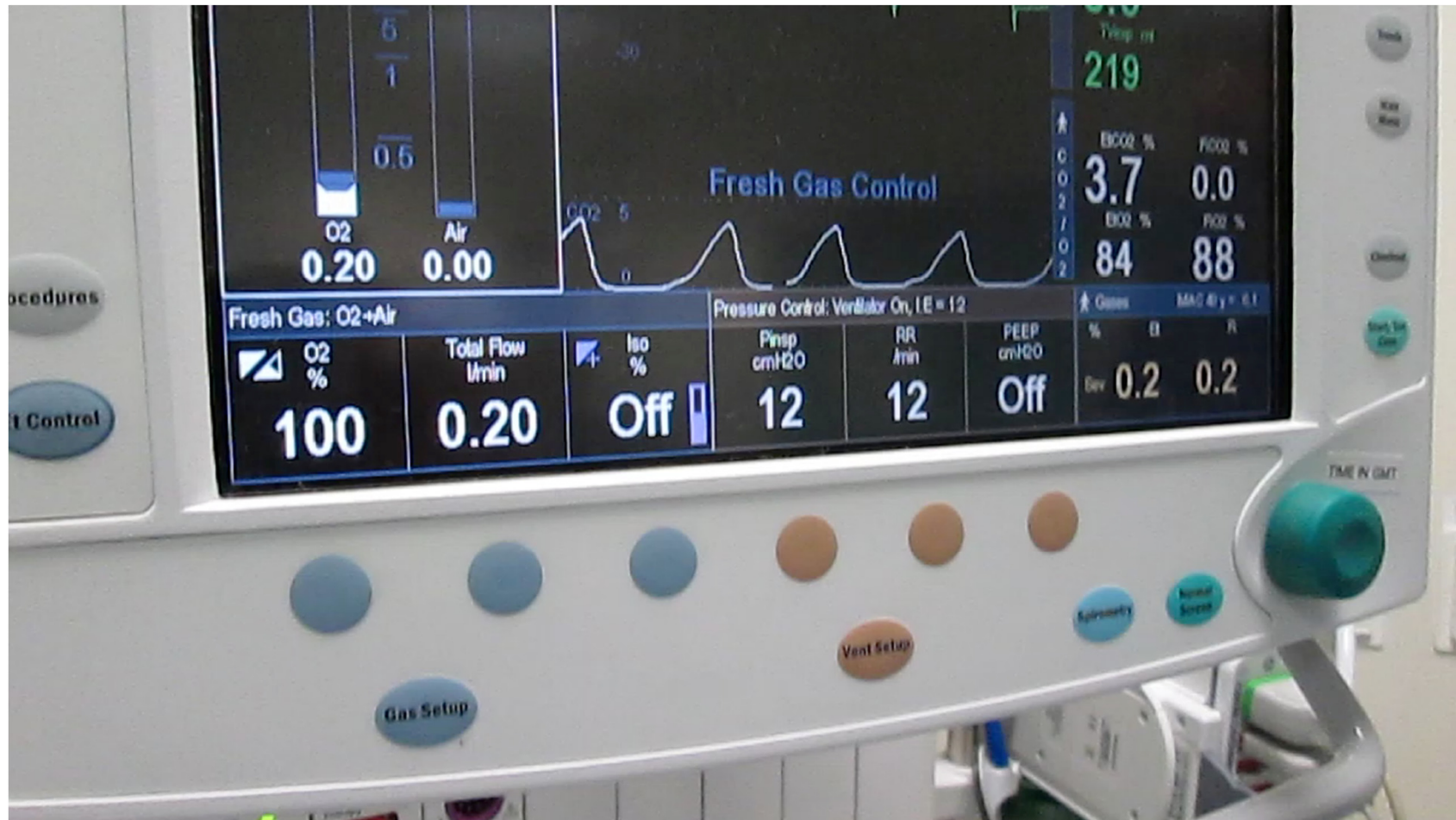
For Tympanoplasty = 30 minutes procedure

Pre-oxygenated

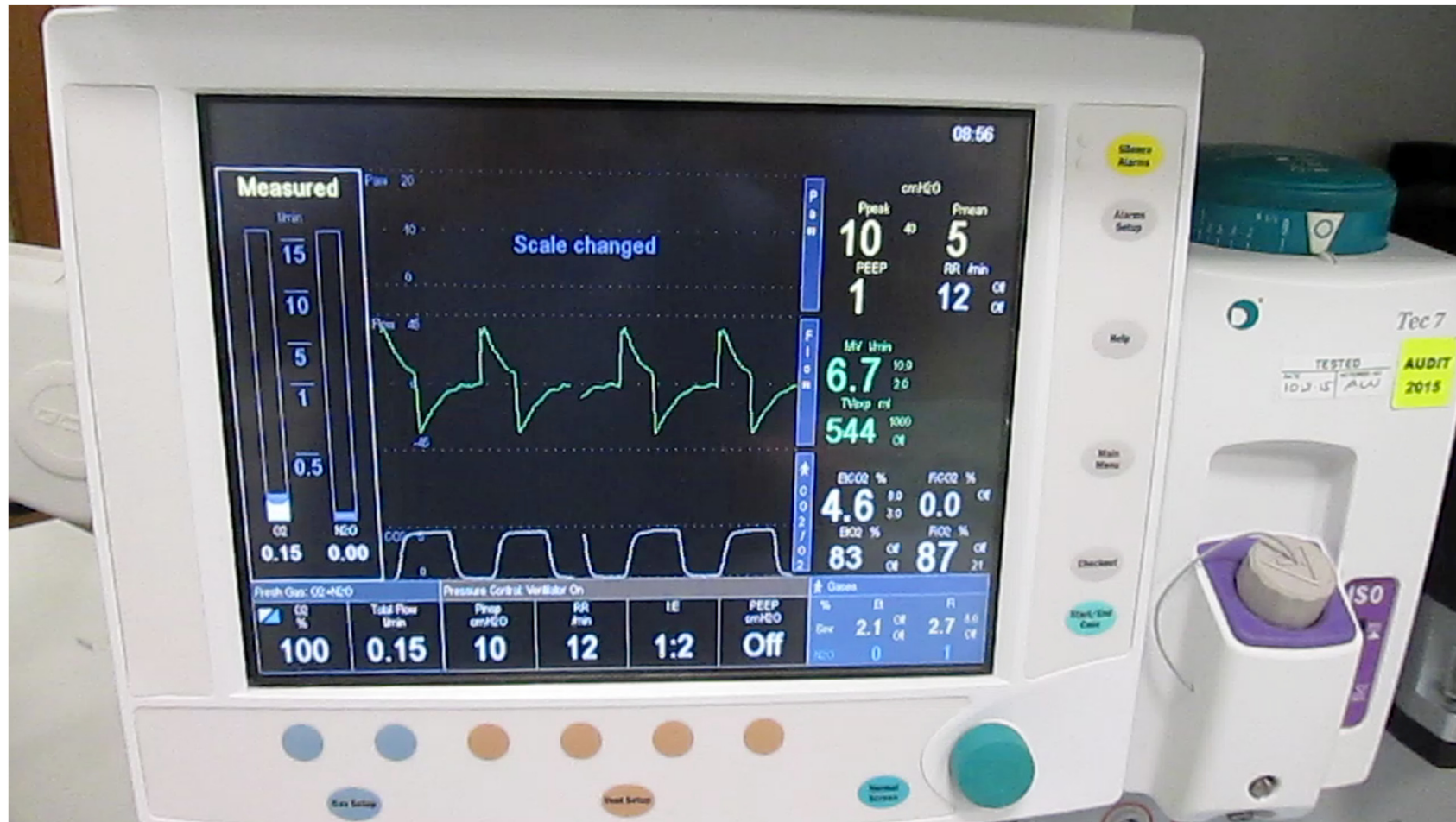
IV induction with propofol + remi + atracurium

SAD inserted

# Indication to tracheal intubation



# BMI 26, Arthroscopy-I gel size 4

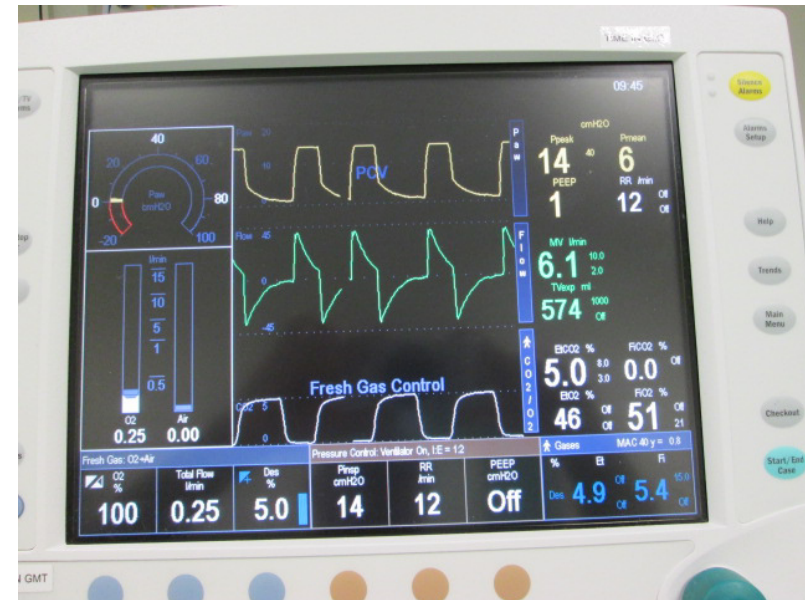
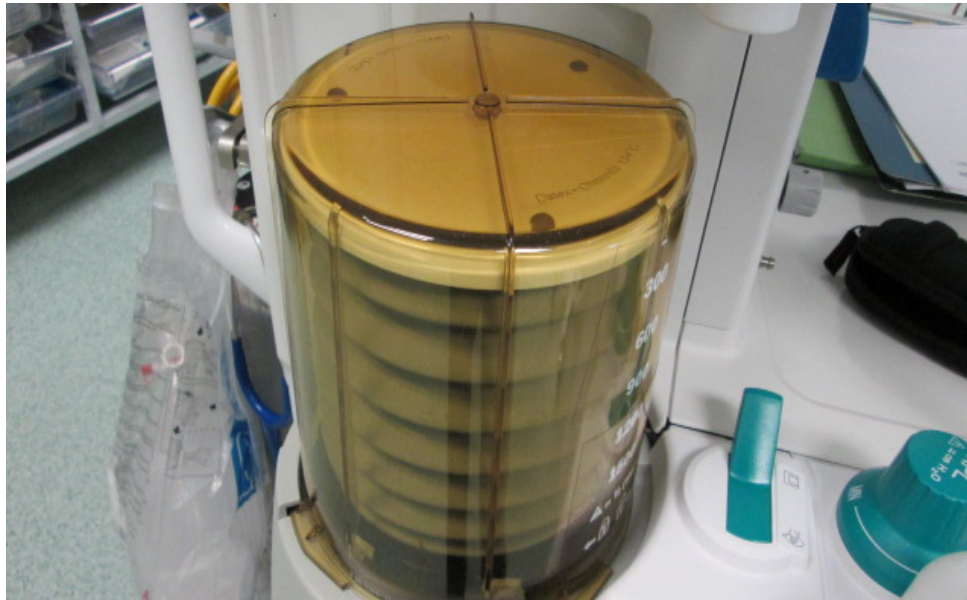


Check the cuff pressure  
60 cmH<sub>2</sub>O





Check CO<sub>2</sub> trace, tidal volume, use low flow, assess the leak







# A Practical approach to SAD

- Airway assessment and plan
- What is the surgery? Who is the surgeon
- What position?
- Is the airway access limited
- Benefit and risks of SAD vs tracheal intubation

# A Practical approach to SAD

- Choose appropriate SAD and correct size
- Ensure adequate depth anaesthesia
- Inset SAD with care to avoid trauma
- Avoid repeated attempts
- Check cuff pressure (LMA)
- Check ventilation
- Check for leak-use low flow
- Assess airway pressure/ tidal volume/ $\text{CO}_2$  trace/spirometry

**Thank you**

# Summary

- Understand the limitations
- Careful patient selection
- Careful selection of surgery
- Ensure adequate depth of anaesthesia
- Use second generation SAD
- What is the plan if SAD fails/ malfunctions?
- What is the plan if gets displaced?